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# UPCYCLED OVEN MITT

BY MELISSA SOMERVILLE

I'm not a very good cook, and among the things I don't enjoy about cooking is trying to grab hot pans and cookie sheets with an oven mitt that would fit King Kong. Or worse, one that is so thin you may as well use bare hands. This twined oven mitt pairs the dense, protective nature of knitted tee with the comfort and easy care of cotton; not only do they make it possible to get a good grip on sizzling pans and handles, hot stuff can be moved to tables and counter tops without suffering second degree burns. And the pattern is so simple, it can be customized to make mitts that fit every chef in the house.

## CRAFT

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Knitting

## DIFFICULTY

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Intermediate

## MATERIALS

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**Yarn** – Four t-shirts spiral cut at .75" width and stretched in two colors; or four skeins of t-yarn approximately 25-30 yards per skein.

**Needles** – US 10 (6 mm) double-pointed needles. Adjust needle size to obtain correct gauge.

**Notions** – a tapestry needle.

## GAUGE

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16 stitches and 18 rows = 4 inches in twined knit stitch (see Stitch Guide). Adjust needle size if necessary.

## AVAILABLE SIZES

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small (medium, large)

## MEASUREMENTS

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8.5 (10.5, 12)" in length and circumference



## STITCH GUIDE

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### **Latvian Braid:**

Row 1:

Working in the round with two contrasting colors of yarn, knit the first stitch with Color C, then carry the strand of Color D OVER the strand of Color C and knit the next stitch. Continue knitting in this manner, alternating colors across the row.

Row 2:

Bring the two strands to the front of the work and purl the first stitch in Color C, then purl the next stitch in Color D, carrying the working strand OVER the strand in front. Continue in purl stitch across the row, alternating colors as you did in the previous row.

Row 3:

With the two strands of yarn in front of the work continue in purl stitch along the round, alternating colors as before but this time pass the working yarn UNDER the front strand before purling the next stitch.

### **Twined purl:**

Begin row with Strands A and B at the front of the work , purl the first stitch with Strand A, carry Strand B forward OVER Strand A and purl the next stitch, carry Strand A OVER Strand B and purl the next stitch, continue along round in this manner, alternating the two strands as you work.

### **Twined knit:**

Using two strands of yarn, knit the first stitch with Strand A, carry Strand B OVER Strand A and use it to work the second stitch. Knit the next stitch with A, remembering to carry it over B, knit the next with B and continue alternating the working strands in this manner as you work. Simple!

### **Note:**

To create a striped effect in twined knitting, knit Color A stitches with Color A strand, Color B stitches with Color B strand etc., and continue twining strands across the back of work as before. When the strands become twisted, just set down your needles, grab the two skeins and pick up your work like a puppeteer, letting it dangle in front of you. It will unwind quickly and easily in a spectacular pinwheel of color.

## INSTRUCTIONS

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### MITT

With Color A, CO 32 (36, 40) stitches.

Divide stitches as follows:

Needle 1 has 16 (18, 20) sts; Needle 2 has 8 (9, 10) sts; Needle 3 has 8 (9,10) sts.

Join to work in the round and knit one row in Color A.

Using one strand of Color C and one strand of Color D, work the next three rows in Latvian Braid.

Pick up Color A, join in Color B, and work even in twined knit stitch until work is 2.5 (3, 3.5)” from cast-on edge.

## THUMB OPENING

Next row: Turn work, and using the twined knit and purl techniques, work back and forth in Stockinette stitch for 1.5 (2, 2.5)”

Rejoin to work in the round, and continue in twined knit, alternating colors until mitt is 2.5 (2.75, 3)” from top of thumb opening, or long enough to hide the tip of the little finger.

Begin decrease rows:

**Next row:** Needle 1- K1, K2tog, continue in twined knit to last three stitches, SSK, K1, Needle 2- K1, K2tog, twined knit to end, Needle 3- Twined knit to last three stitches, SSK, K1.

**Next row:** Knit even in twined stitch.

Repeat last two rows until 4 (6, 8) sts remain.

Divide remaining stitches evenly on two needles and with a tapestry needle, use one strand of Color A and Kitchener stitch to graft remaining stitches. Weave in ends.

## THUMB

Using Color A and dpns, pick up and knit 12 (14, 16) sts around edge of thumb opening. Divide picked up stitches evenly on three needles and join to work in the round. Using one strand of Color A and one strand of Color B, knit thumb using the twined knitting method until length reaches thumb tip.

Decrease rows (work all rows in twined knit):

**Row 1:** Decrease 3(4, 4) sts evenly along round.

**Row 2:** Knit even.

**Row 3:** Decrease 3 (4, 4) sts evenly along round.

Divide remaining 6 (6, 8) sts evenly onto two needles. Using a tapestry needle, one strand of Color A and Kitchener stitch, graft remaining stitches. Weave in ends.

### Original design by **Melissa Somerville**

My very first project knit from tee was a colorful I-cord jump rope made for my five-year old daughter.

Not only did she get a brand new jump rope that was soft and easy for little hands to grip, I'd finally found one she couldn't tie it into a hundred impossible knots. Simple as it was, that project was an exhilarating experience; I was hooked on tee. Nowadays, I spend my free time cutting up t-shirts and working up other patterns designed just for this funky, chunky, earth-friendly yarn .

It is of the utmost importance to Tangled to provide accurate and well-written patterns. All Tangled patterns have been carefully edited for errors. If you think you may have found a mistake or need assistance with this design please contact Team Tangled at [support@tangledness.com](mailto:support@tangledness.com).

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